

**Table 1. Time schedule of enrolment**

	STUDY PERIOD					
	Enrolment	Allocation	Post-allocation			Evaluation
TIMEPOINT	Week 0	Week 1	Week 2	Week 6	Week 22	Week 24
ENROLMENT						
Eligibility screen	X					
Informed consent	X					
No cardiac arrhythmia identified on ECG	X					
INTERVENTIONS						
<i>BBAT</i>			X-----	-----	----X	
<i>M3</i>			X-----	-----	----X	
<i>Control Group/TAU</i>			X-----	-----	----X	
ASSESSMENTS:						
<i>HTQ, GAF-F+S, HSCL-25, SCL-90, SDS, WHO-5, VAS</i>	X			X	X	
<i>HAM-D+A</i>	X				X	
<i>HoNOS.</i>	X				X	
<i>MAIA, BPI, SFT, DEMMI</i>			X		X	